

## GREAT NORTH RUN GALLERY

Speech and Language Therapist Julie Anne Carr

"I'm running for NETA as it's a fantastic charity for people with Aphasia. I first did the GNR for NETA two years ago and I didn't enjoy the run. I've decided to give it another go and the training is going well and I'm looking forward to running it again with my boyfriend on Sunday"  
You can sponsor Julie

### PREPARATION



### ANTICIPATION



Some of our excited runners, eagerly awaiting the start of the race.

They are pictured standing on the steps of our NETA headquarters at Newcastle University.

All of them looking fit, fresh and ready to go!

Patrick Ruddy (son of Neta member)

In September this year I ran The Great North Run for NETA.  
It was only my second half marathon and the pressure was on.

With last years Hackney Half Marathon under my belt, this time I would have 2015s personal best to improve on.  
Oh, and Mo Farah to beat as well.  
I didn't do too badly on the former, but as for the latter...  
...well, I guess there's always next year?

Having the opportunity to represent NETA in the worlds biggest half marathon was one I couldn't let pass me by. They are a charity very close to my heart. I've seen first hand how important the support they provide to those who have been affected by Aphasia can be.

I had an amazing day up in Newcastle. The one thing that really struck me when I was running was just how many people were taking part for so many different brilliant causes. Behind every runner there's a story and that really spurs you on.

I've never been a runner. I'm not the fittest and by no means the fastest, but that doesn't matter. It's a fantastic day and I would urge anyone who's considering it next year to go for it.

### EXHILARATION



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Neta member Jen Gillespie, with her trusty helper.



Austin caught those NETA shirts whizzing by.

