

NETA NEWS



Update from the North East Trust for Aphasia March 2017

Burns' Night Ceilidh

Thanks to the Friends of Jennifer Grove (FOJGA) who held a successful Burns' Night Ceilidh in aid of NETA. Their raffle raised £220.

FOJGA is made up of residents of High Heaton in Newcastle. Many are parents of children at Cragside Primary School. NETA Trustee Fiona Menger briefly spoke about aphasia and the NETA Support Centre.



Aphasia United "Living with Aphasia" Conference



The Aphasia United conference was held 5th and 6th of March 2017 at Warwick University, England. The conference was attended by **65** people with aphasia, **23** carers, **21** professionals and **16** students! Participants travelled from Australia, New Zealand, Hungary, Ireland, Japan, Slovenia and from all across the United Kingdom.

NETA had a stand in the exhibition. Rose talked to delegates about the Support Centre activities and raising awareness of Aphasia through projects such as the Travelling Art show and Natter for NETA.

People took leaflets, poetry books and business cards with our description of aphasia and "Top tips". During the conference, there was considerable emphasis on use of technology and social media amongst a wide range of presentations. Presentations were made by people with aphasia by family members and by professionals.

Rose has come back with new ideas and old ideas to re-visit!
Further feedback from the conference will be posted on our website www.neta.org

NETA Step Challenge

Spring is here and it will soon be time for the NETA Step Challenge (formerly Pedometer Challenge). Time to start thinking about possible teams.

Watch out for more information soon!



Thank you!

We want to take this opportunity to acknowledge all the support people give to NETA. We are a small charity and we raise all our own funds, so every action which supports us makes a difference. Thank you to you all.

NETA Aphasia Support Centre - Update



Building Work

The lift installation closest to the Support Centre continues to be work in progress.

Communication Group

Many members have continued to attend the group. They find it really helpful to speak with others who understand. The activities are helpful. One member was keen to tell you "It's OK if we get it wrong!" Student speech and language therapists regularly visit the group.



iPad User Group



Several members attended the group. They looked at how to take photos and then how to email them on. We shared App ideas such as art, world radio as well as doing a video log (vlog) about living with Aphasia.

Café/Internet Café

Members have enjoyed meeting and catching up with each other, They like to talk about families and everyday life.



Café Out

Several NETA members met at McKenna's in January. It was lovely to catch up with each other after the New Year! We'll be there again on 20th April, 1.30 to 3.30 pm. Why not come and join us?



Art Group

A big thank you to Sue Ruddy who ran the course. It is at maximum capacity of 14 people. The art group has really helped those who could not draw to get better. The group was supported by 4 Fine Art students. Thanks to Eilish, Grace, Clare and Annie.



Coming up after Easter

We have **three** different groups after Easter, as well as the café sessions. Please check the calendar for times and dates. Please don't forget to sign up for your choice.

1. Poetry Writing Group



Explore words and create poems with Sue Spencer.

3. Communication Group



Practice your communication skills in a friendly and informal group.

2. Music Group

Jazz, Pop, Classical, Folk

Whatever your taste, come along and listen to and discuss all types of music.



Café



Meet your friends for news and chat. This session is not led, just use the café as you wish. Drop in for a tea or coffee. Bring your newspaper and chat to other members, or have a game of cards or dominoes.

New Members

NETA welcomes members Rob, Jon, Jimmy, Ken and Kris.

You can find our Newsletter and Calendar on the NETA website:
www.neta.org.uk

We look forward to the return of Steve in his volunteering role very soon.



People

Thanks to all our volunteers.

- Sue B for Communication Group
- Barbara, and David B for NETA members' Café
- Brian T and David F for the Newsletter working group
- Sue R for art group and Sue S for poetry writing



Meet a Member

My name: Brian

Born in: Leeds

My Family: Veronica my wife, 2 sons: Zeff and Jason

My Work: Sedimentologist/ Geologist Newcastle and Durham Universities

About Me: I met my wife whilst in South Africa. Both of our sons were born there. I have worked world-wide including Antartica, China, USA, Libya, Guyana, Brazil Iraq and South Africa!



Why not have a look at our Facebook page? Just log onto your Facebook page. Search for North East Trust for Aphasia – NETA. Then like our page.



There are interesting articles, news and videos on aphasia and stroke.

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