

NETA NEWS



Update from the North East Trust for Aphasia
July 2017

Natter for NETA



NETA needs to raise **£25,000** a year to keep the Support Centre open.

This is **getting harder** in today's climate.

We are asking **members and friends** if they can help by holding a coffee morning or bake sale to **raise money** and **tell people about aphasia**.

Can you **help**? Do you have any **friends or family** who could run an event at their **place of work**?

We celebrated **David's** 80th birthday in the café. Well done David!

Welcome to some of our new members:



Ken



Moira



Elsie



and welcome back Mike



George



We are on Facebook



Tweet us @NETA_Aphasia

Visit us online at:
neta.org.uk



NETA Aphasia Support Centre - Update



Building Work

The building work around the support centre now seems to be complete. The new lift is in use and there is no more banging! Parking is still very limited due to building work in the central section of the building. Thank you for your patience.

Communication Group

Many existing members continue to attend the group as well as some new ones. One member said they "find it really helpful to speak with others who understand and the activities are helpful". Student Speech and Language Therapists regularly visit the group.



Music Group



The group loved to listen to each others' choice in music. They talked about what they liked or disliked about it and any memories the music brought back! They also watched music clips on YouTube of favourite artists, one member was keen to say "it was really enjoyable, time flies and it's great for chatting".

Café/Internet Café

Members have enjoyed meeting and catching up with each other. They like to talk about families and everyday life, as well as share their latest gadgets and apps. It's great to have long term internet access now for members to use their smart phones and tablet devices.



Floral Crafts

Members really enjoyed going to the group. This year we had short courses in two seasons. They have made some beautiful pieces including summer rings and basket arrangements. One member particularly likes to pick up lots of hints and tips and finds the group nice and relaxing.



Poetry Writing Group

Members attending this group have thoroughly enjoyed the sessions. They have looked at many poem types including limericks and Haiku. They are hopefully going to produce a booklet containing their poems. One member stated that he would fully recommend this group to **all** members.



Coming up

July and August

While the main programme stops for the summer, we will be running two small groups: Animation and Textile Crafts

Animation



Using modelling clay, members will make characters or objects which they will then photograph/film and bring to life. We will learn the process of making animations.

Textile Crafts



NETA members create artistic crafts using machine worked embroidery and stitching.

These lovely up-cycled bags made by Lindsey are for sale to raise funds for NETA. Contact Rose at NETA to buy one.

October to December

Our full programme re-starts on **Thursday 5th October**

Café/Internet Cafe

Meet your friends for news and chat. This session is not led, just use the café as you wish. Drop in for a tea or coffee. Bring your newspaper and chat to other members, or have a game of cards or dominoes.



Communication Group

Practise your communication skills in a friendly and informal group.



We will also have
Our Autumn Floral
Crafts Session



iPad for beginners

We hope to run an
introduction to iPad course
for members new to iPads.



And maybe, a film group
with a difference—we intend
to make the films , not just
watch them!

People

Thanks to all our volunteers.

- Sue B for Communication Group
- Barbara, David B and Julie for NETA members' Café
- Ian Mc, Alan and Julie for the Newsletter working group
- Sue S for poetry writing
- Heather for Floral Crafts



Calling all younger people with aphasia Can you help us?

For **younger people with aphasia**, it's hard to find **suitable support services**.

We know that **many** young people with aphasia **come to NETA**.

But, that is still very **few younger people**.

Most people with aphasia are **older**—even at NETA.

Families of younger people with aphasia want **support and information** aimed at their needs.

We would like to **hear** about **what you need**

If **you are**:

- **A younger person with aphasia,**
- **or the family of a younger person with aphasia,**
- **or you became aphasic at a young age.**

Can you come to a **consultation session** coming up **this autumn**?

Thursday 14th September
10.30—12.30 at NETA

Tell us

- **What kind of support** would have helped you?
- How would you like **NETA** to run to **work best for younger people**?
- What are you **interested in doing** with NETA?
- How can we create a **better atmosphere** for younger people?

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